

## Holy Water



Holy water reminds us of our baptism as well as a symbol of spiritual cleansing. Holy water is said to have great power over the devil as the devil cannot stand this “clean” water, since he is entirely unclean for all eternity. It is a reminder of the water that flowed out of Christ’s side, which is a symbol of Baptism, and bring to mind the day of the devil’s defeat (Christ’s crucifixion). Bless yourself frequently to keep yourselves always fixed on Christ and remind yourselves to remain pure.

## Holy Bible



## Rosaries



The Rosary is known as a devotional form of prayer which if said daily will lead you to discover a profound relationship with Jesus Christ through His Holy Mother Mary. We do not worship Mary, rather we venerate (appeal to) the Mother of God to intercede for us and to pray with us to God. Jesus instructed us to

pray together and anything we ask in His name we would receive. That is precisely what we do with the Holy Rosary - we ask Mary to pray with us to God for our souls. The Rosary is an extremely powerful prayer as anyone that has faithfully devoted themselves to this prayer on a daily basis will testify. Imagine how powerful your prayers would become if you could kneel before God with Mary and offer your petitions. This is exactly what happens when you pray the rosary.

## Blessed Candles



## Disposing of Sacramentals

When a material sacramental becomes so worn that it can no longer be used as a sacramental, one should not casually toss it into the trash. To prevent desecration, the sacramental should be returned to the earthly elements. Holy water, for example, should be poured into a hole dug in the earth, in a spot no one will walk over. Combustible sacramentals, such as scapulars and holy books, should be burned and then buried. Larger sacramentals that do not burn should be altered so that their form no longer appears to be a sacramental (for example, a statue should be broken up into small pieces) and then buried. Objects made of metals can be melted down and used for another purpose. It is forbidden to sell blessed objects.

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## Sacramentals Catholic Homes Should Have

*Sacramentals have been part of the Church’s life from the very beginning and are meant to enrich our spiritual lives. They have been instituted by the Church to draw us into a deeper relationship with Christ and are focused on sanctifying every part of our lives.*

The blessing the priest gives an object makes it a sacramental. The blessing gives God ownership over the object and dedicates it to Him, and He then works through it. This is why it is very important to have sacramentals blessed and should always be treated with reverence and devotion as they are the means for securing heavenly help for those who use them properly. All grace comes from God and a sacramental is merely a channel through which He has chosen to work to protect us from spiritual harm or inspire us to live a holy life dedicated to God.

## House Blessing



It is best to have your house blessed by a priest whenever you move. Any priest can bless your home or apartment in a general way that protects your home and all who dwell therein. You may not know what has gone on in that house or apartment by the previous owners and so it is important to sanctify the home and reclaim it for Christ.

## Sick Call Crucifix & Crucifix's

It is important that all Catholic homes have a crucifix. It reminds us of the great love that God has for us and it is a strong deterrent to spiritual enemies. You can frequently meditate on Jesus' great sacrifice of love as well as have an image to remind you what you need to focus on during times of temptation.

Here is a prayer for blessing a crucifix:

Holy Lord, almighty Father, everlasting God, be pleased to bless + this cross, that it may be a saving help to mankind. Let it be the support of faith, an encouragement to good works, the redemption of souls, and let it be consolation, protection, and a shield against the cruel darts of the enemy, through Christ our Lord. Amen

### Sick Call Crucifix



### How to Prepare for A Priest's Sick Call Visit

Call the priest early. Do not wait until the sick person is in a coma or actually dying. Do your share in helping the sick person, don't leave everything for the priest and don't postpone calling. An honest word with the sick may be less cruel than to let them die without having the consolation of consciously settling their spiritual affairs.

Pray with the sick person. Help him to make a good preparation.

Prepare a small table covered with a white table cloth near the head of the bed. Unpack and assemble the Sick Call Set.

Leave the room in order that the sick person can make a private Confession. Come back to assist the priest. Lastly, Ask the priest the proper way to dispose of any blessed items that may have been used.

## Portrait of the Sacred Heart of Jesus



### Act of Consecration to the Sacred Heart

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honoring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee.

I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee.

I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

St. Margaret Mary Alacoque, from the book *Devotion To The Sacred Heart* by Fr. John Croiset, S.J.

## Portrait of the Immaculate Heart of Mary



### A Solemn Act of Consecration to the Immaculate Heart of Mary

Most Holy Virgin Mary, tender Mother of men, to fulfill the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to You, all the people of our country and all the world.

Please accept our consecration, dearest Mother, and use us as you wish to accomplish your designs in the world.

O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully.

We come with confidence to you, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed your own Sorrowful and Immaculate Heart. Make our hearts and homes your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.

Venerable Pope Pius XII